

THINGS TO PACK!!!!!!

Only **one bag** will be allowed per athlete-the large blue bag. You may also bring a small string bag for CD/IPOD/PHONE and other small items. *Inappropriate items will be confiscated and returned when we get back to Newton.*

Please be careful when you put your stuff in the big bags. **DON'T over pack!** Be careful that the zippers don't get stuck!!!

- **REMEMBER YOUR warm-up and basketball uniform.**
- **Also bring 2 WHITE T-shirts to wear under your basketball uniform.**

- TOOTHPASTE/TOOTHBRUSH

- COMB/BRUSH

- DEODORANT

- SHAMPOO-individual size.

- NIGHTCLOTHES

- 3 PAIRS OF **CLEAN UNDERWEAR**

- 3 pairs of clean socks

- CHANGE OF CLOTHES FOR THE BANQUET/DANCE
(nice jeans are suitable, no dresses, heels)

- EXTRA CLOTHING-1 change including socks.

- **MEN** ATHLETIC SUPPORTER
- **WOMEN** PERSONAL HYGIENE ARTICLES

- **IMPORTANT**-Label your clothes! After each trip, we always have a sack of clothes that no one claims.

- **MEDICATION**- Please pack medication for one extra day.

SPENDING MONEY

- Souvenir Money-hand to your coach

EXTRAS

- You might want to bring a small hand towel to wipe the sweat off you after you play

Return

Your uniform and warm-up will be checked in before we leave Hays. So you will need to change into your own clothes before we leave Hays. When we return to Newton, you will be given a trash bag to dump your belongings into so we may collect the big blue bags.